

NATUREWORKS

2011 Incredible Edibles

Order Now through May 8th!



TOMATO

Lycopersicon esculentum

Organic seedlings in 4" pots for
\$4.75 each unless indicated otherwise

Amish Paste 85 days, indeterminate. This is a new variety for us this year. Bright red 8-12 ounce fruits delicious for fresh eating and excellent for sauce. One of Slow Food USA's Ark of Taste varieties and a favorite of members of Seed Savers Exchange.

Beefmaster 80 days, indeterminate. The meatiest of all the colossal tomatoes. A highly disease resistant plant which yields fruit often in excess of 1 lb. Good tolerance to cracking and splitting. Space 36".

Big Boy 78 days, indeterminate. A classic and timeless favorite of New Englanders. Meaty fruits up to 1 lb. and excellent disease resistance. Space 36".

Black Cherry 80 days, indeterminate. Perfectly round fruits are irresistibly delicious with sweet, complex, full flavors, characteristic of the "blacks." Beautiful to mix with other cherries.

Black Prince 70 days, indeterminate. Last offered by us in 2008, we are happy to welcome back one of the most popular and favored black tomatoes. Originally from Siberia, Black Prince fruits are deep red 2" round, (2-3 oz.) and have a distinctive, rich, fruity tomato flavor.

Brandywine 82 days, indeterminate. An Amish heirloom that dates back to 1885 and is generally considered to be the world's best-flavored tomato. Plants look like potato vines with good yields of extra-large (weighing up to 1.5 lbs), firm, clear-skinned, light rosy-pink fruits. Our most popular plant.

Bush Beefsteak 62 days, determinate. Early, compact and prolific. This bush tomato is new to us this year and we are eager to try it out in containers and small-sized gardens. Three foot bushy plants with high yields of 8 ounce beefsteak fruit in clusters.

Cosmonaut Volkov 65 days, indeterminate. Early, beautiful Ukrainian variety. Bright, 8-12 ounce slightly flattened red tomatoes with the perfect blend of tart and sweet. Wins tasting contests every year. Amazing flavor and one of Nancy's favorites.

Comstock Sauce and Slice 90 days, indeterminate. Heirloom. One of the best paste tomatoes on the market. Meaty with few seeds and delicious sweet flavor. Excellent for slicing too! Conventionally grown. **Only available in 4.5" pot for \$5.99**

Crynkovic Yugoslavian 85 days, indeterminate. Brought to the U.S. by Yasha Crynkovic. Pink beefsteak fruit weigh up to a pound and are resistant to cracking. Delicious full tomato flavor. Great for eating fresh in salads or sliced thick for sandwiches. This is the first time we've offered this variety. Let us know what you think.

Czech's Bush 70 days, determinate. Another early variety we are trying for the first time this year. Sent to Ben Quisenberry in 1976 by Milan Sodomka of Czechoslovakia. Heavy yields of 4-6 ounce red fruits on attractive stocky plants. Great for containers or smaller gardens.

Dr. Wyche's Yellow 78 days, indeterminate. Named after Dr. Wyche who supposedly lived in the mountains and fertilized his garden with manure from a nearby zoo. A beefsteak heirloom that produces slightly flattened, smooth, blemish-free, golden-yellow fruit. It's rich flavor and larger size sets this variety apart from other yellow heirlooms.

Earliana 68 days, indeterminate. Earliana was developed at the turn-of-the-century as growers attempted to bring the earliest tomato to market. Produces well until frost and has good disease resistance. A good salad and canning tomato; ideal for cooler growing regions. Last offered by us in 2008.

Eva Purple Ball 74 days, indeterminate. Very unusual German heirloom brought to the U.S. in the late 1800's. Medium sized fruit, pinkish to light purple color. Fabulous flavor! Nancy's #1 favorite from the summer of 2005.

Glacier 56 days, determinate. Yes that's right – 56 days! This ultra-early tomato is surprisingly sweet; perfect for salads and fresh eating. Open 3' wide and 2½' tall plants are suitable for containers and smaller gardens.

Honeydrop Cherry 62 days, indeterminate. Very sweet and juicy. Light honey-colored fruit that is terrific for snacking. Introduced by Crabapple Farm in Chesterfield, Mass. who spotted this as a sport growing in their tomato patch. *New offering.*

Hillbilly Potato Leaf 85 days, indeterminate.

Beautiful yellow 1lb. fruits are streaked with red on the blossom end. Sweet and juicy. Great for slicing. This is the first time we have offered this variety. Let us know how it does in your garden.

Italian Heirloom 75 days, indeterminate. A good choice for cooking, eating fresh or canning. Plants yield 12–16 ounce fruits that have an abundance of rich, complex, sweet flavor. *New offering.*

Japanese Black Trifele 74 days, indeterminate. Potato leaf foliage and high yields of blemish-free pear size fruits. Rich full flavor, great for canning. Harvest when shoulders are still green for the best flavor. A Russian black tomato that is new to us this year.

Juliet 60 days, indeterminate. Early and very prolific producer, Juliet is reliable and tasty too. Delicious, rich tomato flavor for great salsa and fresh pasta sauce. Joan (our business manager and avid gardener) really likes these tomatoes which grow in clusters.

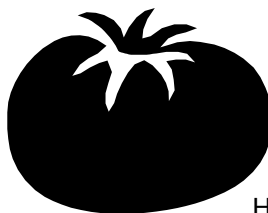
Kentucky Beefsteak 100 days, indeterminate. An heirloom found in the hills of Kentucky. Large deep-orange fruits on this late season plant. Very big, sweet flavors. *New offering.*

Legend 68 days, determinate. An early-bearing slicing tomato. Big 4-5 inch smooth, round, blemish-free, red fruit have a delicious sweet flavor balanced with just the right amount of acidity. This tomato was also bred to be resistant to late blight.

Moonglow 85 days, indeterminate. Bright orange globes with solid flesh, few seeds and mild sweetness. Winner of Seed Savers Exchange 2007 Heirloom Tomato Tasting. *New offering.*

Mortgage Lifter 85 days, indeterminate. In the 1930's M.C. Byles of West Virginia developed a new tomato variety that was so tasty customers flocked to buy seedlings. In six years he had raised \$6,000, enough to pay off his mortgage, thus earning its name. Large, meaty, mild-flavored tomato has few seeds and is the perfect tomato-sandwich tomato.

Moskvich 60 days, indeterminate. We welcome back this Russian heirloom to our Incredible Edibles catalog. Moskvich produces an excellent crop of 2-3 inch red



tomatoes. Good tart tomato flavor. Fruit ripens very early.

Nebraska Wedding 85 days, determinate. Nebraskan brides reportedly still receive these seeds as a wedding gift. A reliable producer of 4" round fruits with glowing orange skin. Try in containers and smaller gardens. *New offering.*

Oregon Spring 58 days, determinate. A cold-tolerant tomato developed by Oregon State University for short season gardeners, like those of us in Connecticut. Compact plants produce concentrated sets of medium to large fruit that is nearly seedless. Fruit is juicy and tender with full tomato flavor. Excellent for containers.

Oxheart 85 days, indeterminate. This heirloom is one of the famous old-timers with a reputation earned from its delicious, solid 2-3 lb. fruits and distinctive heart shape when sliced. Vines grow vigorously to 6' tall and like to pump out tomatoes. Outstanding fresh, peel easily and are beautiful to preserve.

Pantano 80 days, indeterminate. An Old World heirloom from Northern Italy. Good producer of 12 oz. red beefsteak fruit. Nice assertive tomato taste. Fruits are nearly perfect every time. One of Natureworker, Dave Pliska's favorite tomatoes.

Red Fig 85 days, indeterminate. Used as a substitute for figs years ago by gardeners who would pack away crates of dried tomatoes for winter use. This Philadelphia heirloom produces heavy yields of sweet, 1½" pear-shaped cherry tomatoes. A beautiful choice for tomato

salads. *New offering.*

Red Zebra 80 days, indeterminate. Two and a half inch round fruit are red overlaid with jagged orange stripes. Striking on the table. Slightly tart flavor. *New offering.*

Rose 78 days, indeterminate. We are pleased to welcome back the Rose to our Incredible Edibles catalog. Large, meaty beefsteak fruits on strong healthy plants. Flavor rivals Brandywine. Seed came from Dr. Grace Kaiser, a physician in New Holland, PA who was given the seed from one of her Amish patients.

San Marzano 78 days, indeterminate. The classic Italian canning variety. The fruit average 5-6 oz. and have a meaty flesh that make a high quality paste or

Take Note:

Indeterminate varieties, also known as vining tomatoes, continue to grow and set fruit throughout the growing season. Prune suckers and stake.

Determinate varieties, also known as bush tomatoes, produce most of their fruit all at once and grow to a limited size and do not need pruning.

Number of days indicate approximate amount of time to maturity from the date the seedlings were planted.

sauce. Nancy's husband won't make his famous homemade sauce from any other variety.

Silvery Fir Tree 60 days, determinate. Attractive plant with fine, silvery fern-like foliage. Red-orange slightly flattened fruit. Beautiful, delicious tomato plant for containers. Another new Russian heirloom we are offering this year.

Sun Gold 57 days, indeterminate. A customer favorite! The most incredibly delicious cherry tomato ever. Golden-orange fruit. Kids love them and eat them like candy...yum.



Sun Sugar 62 days, indeterminate. A cherry tomato that is orange skinned and crack resistant. Edged out Sun Gold as one of the best tasting cherry tomatoes

by Sunset magazine! Vigorous growing habit reaching up to 6' tall.

Sweet Baby Girl 65 days, indeterminate. The ultimate in super-sweet cherry tomatoes. Excellent for home growing, with sets of luscious red fruits in long clusters on compact plants. Crack resistant bright red fruit, weighing less than 1 ounce each.

Syrian Giant 80 days, indeterminate. Red, meaty, heart-shaped fruit averaging 1 lb. each. From tomato collector Charlotte Mullins of West Virginia. *New offering.*

Tiffen Mennonite 85 days, indeterminate. This heirloom plant produces huge, pink-skinned, sweet, yet tangy fruits that are up to 5½" in size. Has potato-leaf foliage and rich, old-fashioned tomato taste.

Tomatillo Goldie – ground cherry 75 days. A conversation piece at markets, this old fashioned tomato family member has sweet golden berries inside papery husks. Unique sweet flavored fruit on low branching plants. A delight with younger children. Good for salsa, frozen, preserved or cooked in pies and desserts.

Tomatillo Purple (*Physalis ixocarpa*) 90 days. Rare heirloom variety. Has a rich purple color when ripe and tastes as good as its more familiar green cousin. Conventionally grown. *New offering. Only available in 4.5" pot for \$5.99*

Tomatillo Verde 100 days These plants are easy to grow and are an essential ingredient for authentic salsa and many southwestern dishes. Green fruit in tan colored papery husks are 1 to 2 ounces.



PEPPERS *Capsicum annuum*

Organic seedlings in 4" pots

\$4.75 each unless indicated

otherwise



Ancho 68 to green and 88 to red ripe. Known as Ancho when dried, Poblano when used fresh, a versatile Mexican favorite. Heart shaped and thinner walled fruit. Shiny dark green fruits mature into a deep red. Most of the heat is in the seeds and white parts (pith), not in the flesh.

Big Bertha 77 days. An excellent sweet pepper for the Northeast with large yields and particularly large (up to 7"), delicious green fruit. This improved variety also has more disease resistance.

Bhut Jolokia 88 days. Also called Naga Jolokian and Ghost chili, this is one of the world's hottest peppers! Three inch long fruit ripen orange-red to red in color. Grows up to 40" tall. Conventionally grown. *New offering. Only available in 4.5" pot for \$5.99*

Carmen 70 days. The fruit average 5 oz. and are unusually sweet. Fruit are horn-shaped tapering to a pointed end and ripen from green to deep carmine. Great for salads and roasting. Widely adapted and early maturing in its class.

Corno di'Toro Rosso 80 days. An Old World Italian pepper known as the "Horn of the Bull", these 8" long red peppers are very sweet, with thin skin and thick walls. Brilliant red when ripe. Ideal to stuff, fry or grill. Bears heavily.

Early Jalapeno 70 days. Compact plants produce many small green peppers that will slowly turn to red as the fruit matures. Try them fresh, cooked, pickled or dried. Use to heat up your salsa. *New offering.*

Flavorburst 70 days. New to our catalog, we are eager to get this bell pepper into our gardens. Thick-walled and juicy, Flavorburst is infused with the tart-sweet taste of lemon! Good for stuffing and great for fresh eating. Glossy skin turns from lime-green to deep gold.

Giant Marconi 72 days. One of the best sweet peppers on the market, with spectacular yields, and superb flavor. Six to 8 inch tapered green peppers will mature to red. Excellent raw but is best when grilled.

Hot Portugal 75 days. Introduced in 1935 by Joseph

Harris & Co. who reported that "This is the best large pepper we know." Sturdy upright plants prodigiously produce 6" long tapered fruit that are a glossy red when mature. Medium hot. *New offering.*

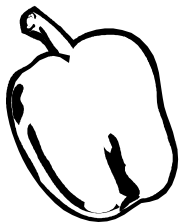
Jimmy Nardello's 75 days. Brought to the U.S. in 1887 from the Basilicata region of Italy by Jimmy Nardello's mother, this pepper is one of the more productive, disease resistant, and widely adapted heirlooms to grow. The glossy red banana shaped fruit grow up to 10" long and offer a multi-dimensionally sweet and intense flavor. Excellent for frying, drying, freezing, relishes, or salad use. A longtime Natureworks favorite.

Lipstick 73 days. Heavy, attractive, dark green fruits are about 4" long and taper to a blunt point. They ripen to a glossy, rich red. Thick, juicy and sweet for salads and cooking and perfect for roasting and salsa. Dependable, many consider Lipstick the most delicious sweet pepper.

Mandarin 75 days. Stunning deep pumpkin orange colored bell pepper with a very sweet, unique flavor. Five – six inch long fruit produce better than most in cooler weather. Tobacco Mosaic resistant.

New Ace Bell 60 days. A cinch to grow in the North. Almost every flower produces. Thin-walled, not blocky, turns red early and is good for the home gardener.

Purple Beauty 75 days. The striking dark purple flesh of this bell pepper makes it both unique and visually stunning. Large, blocky fruit is both sweet and crisp in flavor, making it an excellent addition to any fresh or cooked dish. Compact plants make this pepper a space-efficient choice for containers and smaller gardens.



Tangerine Pimento 80 days. Sturdy 16 – 24" tall plants produce round to slightly flattened 2-3" size fruit. Crunchy, juicy and sweet, perfect for fresh eating. Lovely tangerine orange color. *New offering.*

Trinidad 7 Pot/or Pod 100 days. The name of this plant came about because it is rumored that one pepper can add heat and flavor to 7 pots of stew! Comparable to the Bhut Jolokia in heat, this plant is for chili heads looking for that allusive truly hot pepper. Use in stews, sauces and salsas. Fruit may get red, yellow or both. Conventionally grown. *New offering. Only available in 4.5" pot for \$5.99.*

Ubatuba cambuci 90 days. A Brazilian sweet pepper that has squat, wide shaped fruit that looks like an umbrella. 3"x3" in size. Ornamental and very tasty. Likes some staking. A rare and wonderful heirloom with

good disease resistance. Conventionally grown. **Only available in 4.5" pots for \$5.99 each.**

Yankee Bell 60 days. Developed by Johnny's Seeds, this is an improved, nonhybrid bell pepper for Northern growers. Blocky, 3 to 4-lobed, medium size, green to red fruits.

EGGPLANT *Solanum melongena*

Organic seedlings in 4" pots for \$4.75 each unless indicated otherwise

Calliope 64 days. Small variegated fruits are streaked with white and purple. This is suitable for 2 inch baby or 3 to 4 inch mature harvest. High-yielding.

Classic 76 days. The hybrid by which all eggplants are measured. Eight inch elongated, glossy, purple-black fruit. Erect vigorous plants support heavy yields of high quality fruits.



Diamond 78 days. Elongated slightly tapered dark purple eggplant. Two foot tall plants set 2½" x 7" fruit in clusters. The slender fruits have firm flesh and pleasing texture. Best of all, they are entirely lacking in that bitter eggplant taste.

Gitana 75 days. An Old World Italian, Franchi special selection, outstanding in taste, production and visual appeal. This is a really lovely eggplant with tender skin.

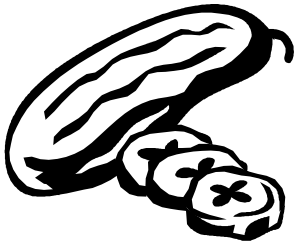
Oriental Charm 65 days. Shades of fluorescent pink, pastel pink and white fruit topped with a green calyx. Expect high yields on this strong plant.

Ping Tung Long 65 days. Plant produces high yields of 10" x 2" lavender-purple eggplants. They have a mild flavor and white flesh.

Rosa Bianca 88 days. This is an open-pollinated bicolor Italian heirloom, with a creamy pudding-like consistency and delicate flavor. Gorgeous fruits, white with lavender streaking down the side. Plump, about 3-4" across and 5" long, narrow at the top then widening. Fruits average 2 lb, max out at 4 lb.

Swallow 51 days. Dark. Elongated, purple oriental type, very good producer. Tender fruit without any bitterness.

Violetta Lunga 70 days. This is an 8 inch long rustic deep purple eggplant which is grown all over Italy. Classic rich eggplant taste as well as having good, reliable production. Harvest at 10-12".



CUCUMBER

Cucumis sativus
Organic seedlings in 4" pot for
\$4.25 each.

Cucumbers require a decent amount of growing space in the garden. If you are short on space, vertical structures such as trellises can help make up for the limited space you have available.

Boothby's Blonde

60 days. A great creamy yellow heirloom from Livermore, Maine. Crisp, sweet flavor, minimal seeds and no need to peel. Best harvested between 3" and 4". Eat fresh or use for bread and butter pickles. *New offering.*

Diva 58 days. A 2002 All-American Selection Winner bred by Johnny's Seed. This all female plant has impressed farmers around the country with its high yields, smooth, thin "no peel" skin and incredible taste. The medium green fruit can reach up to 8 inches in length. A seedless and "burpless" variety. Vines spread 5 to 6 feet.

Marketmore 68 days. This is a semi-bush vine which allows easy picking. These high quality fruits are 8" long. Best choice if space is limited or you don't want to trellis your plants.

Mexican Sour Gherkin *Melothria scabra* 75 days.

A newly discovered heirloom native to Mexico and Central America. Extremely productive with fruits resembling superminiaturized watermelons. A sweet cucumber flavor underscored by a sour pickled taste. Great for growing on a trellis. Also known as Mouse Melons. *New offering.*

Pickle Bush 50 days. Compact vines produce 3-4" fruits that make tasty, crispy, whole pickles. Very prolific. Ideal for small gardens or containers.

Salad Bush 57 days. This unique space saving AAS winner has a small compact vine that is great for small gardens or in containers. A slicing cucumber with dark green fruit that can reach up to 8" in length. Space 24".

Shantung Suhyo Cross 60 days. Vigorous plant that produces high yields of uniform 12-14" never-bitter sweet-tasting cukes. Even in dry conditions the vines keep making quality fruits that never develop shrunken necks. Disease resistant. From Japan. *New offering.*

SQUASH

Cucurbita ssp.
Organic seedlings in 4" pots for
\$4.25 each



Summer varieties:

Bush Eight Ball 42 days. This bush zucchini is almost as fun as its name. Compact plants produce completely round fruit that can reach up to 5 inches in diameter, and still retain its tender skin. Stuffing or roasting this squash is a perfect way to make a quick summer meal. For those who love to eat squash blossoms, these plants produce the largest flowers of all the squashes!

Elite 48 days. Still the best zucchini to grow. A Harris Seed exclusive that is extra early with exceptional yields. Best picked at 7-8" long. This open plant makes picking easy. Consistent performance has made it the market leader for years.

Gentry 44 days. A dependable producer of smooth, butter-yellow squash of excellent quality even in the hottest, most stressful conditions. Semi-crookneck fruits 5"- 6" in length. A new offering we are eager to try in our gardens.

Raven 48 days. A glossy green-black zucchini with smooth-skin and tender flesh. Abundant fruits are born high up on bush style plants that don't sprawl. You may want to consider making succession plantings since Raven produces a crop in such a short time period.

Sunburst 52 days. A patty pan that is yellow and round with scalloped edges. Mild and buttery flavor is nuttier than zucchini. Pick fruits small, about 2-4 inches. *Joy of Cooking* says it's great with "summer flavors like tomatoes, onions, peppers (sweet and chili), garlic, oregano, basil, parsley, dill, rosemary, sage, and tarragon [as well as] lemon, cheese, butter, olive oil, and capers." *New offering.*

This season marks the first year we have offered seedlings of winter squash varieties. We hope you like and try what we have selected.

Bush Buttercup 90 days. Like standard Buttercup squash, with sweet, dry, orange flesh of excellent quality; but these are produced on 3 - 4 ft. bush plants that stay compact. Excellent for small gardens or containers. 3-4 lb. fruit.

Potimarron 90 days. A small, pear-shaped winter squash from France. Very aromatic and chestnut-like taste. One of the very best for baking and roasting. Nice sized 3-4 lb. fruit store well.

Zeppelin Delicata 100 days. About the sweetest and tastiest squash you can grow. Oblong shape with cream colored skin and dark green stripes in the ribs. Has a small seed cavity and offers tender, light orange flesh that is velvet-creamy, perfect for baking, steaming or pureeing in rich, bisque-like soups. Grows 6-9 inches long and 1-3 inches in diameter.



Baby Pam 100 days. This baby produces bright deep orange 4 lb. pumpkins that sport a thick handle. Dry, stringless flesh cooks down to a smooth sugary filling that is perfect for pies. Carve for diminutive Halloween Jack O' Lanterns. *New offering.*

Jarrahdale 100 days. Slate-gray skin and heavy rounded ribs make this pumpkin a great choice for fall displays while its mild, nutty, sweet flavor make it a suitable choice for cooking. Averages two 6-10 lbs. per plant. *New offering.*

PUMPKIN

Cucurbita pepo
Organic seedlings in 4" pots for \$4.25 each

A tip from Botanical Interests: To make sure you have a pretty pumpkin on Halloween night, do not carve them before October 24th and coat the cut areas with petroleum jelly to preserve moisture.

MELON *Cucumis melo*

Organic seedlings in 4" pots for \$4.25 each

Hannah's Choice 87 days. Fantastic flavor on this fragrant, juicy and sweet fruit. Each melon measures 6-1/2" long by 5-1/2" across; they are large, netted, and average 3-5 lb. Hannah's choice will hold well if not devoured immediately!

Sugar Baby Watermelon *Citrullus lantatus* 75 days. Early, productive, and popular, Sugar Baby is a small round ice box type of watermelon averaging 7 to 8 inches in diameter. Crisp, red flesh is sweet and flavorful. Vines spread 6-7 feet.



EARLY SPRING EDIBLES

Seedlings arrive in mid-April for early planting.

ASPARAGUS

Asparagus officinalis

A perennial in the garden, locate your asparagus patch where it can remain for decades. 6' tall, light and airy asparagus fern foliage is very ornamental. You must prepare a deep, well enriched planting bed for this long-term crop and wait three years until you can begin harvesting the shoots. It's worth it! Conventionally grown. 5" pots for \$5.99 each



Jersey Supreme Known for its huge yield and vigorous growth. Delicious medium-sized spears. Most asparagus are harvested in the third year but *Jersey Supreme* produces a full crop in the second year. Space 12-18" apart.

Purple Passion Striking deep burgundy color. Has 20% higher sugar content than its green counterpart and is often eaten raw. When cooked, asparagus will turn green. Mild, nutty flavor. 3-4 feet at maturity. Space 6-8 inches apart.

BROCCOLI *Brassica oleracea* var. *italic*

Tendergreen 67 days. 6-7 inch semi-domed head produce tender greens on an edible stem. Blue-green in color and an F-1 hybrid. No side shoots. Easy, fast; an excellent basic broccoli. Organically grown. **6 pack for \$3.99**



(Romanesco) Veronica

85 days. A cross between broccoli and cauliflower has an apple green color. Mild, sweet taste and high in Vitamin C. Good heat tolerance. Harvest when the plant has formed a tight head. Sauté florets in butter with oil-popped mustard seeds and cumin seeds for a delicious side dish. Grows 18" tall. Space 15-18". Conventionally grown. **Only available in 4.5" pots for \$5.99 each**

Lemon Broccoli: Heat 2 minced garlic cloves, 2 or 3 strips lemon zest and 3 tablespoons olive oil in a skillet over medium heat, 3 minutes. Meanwhile, cook 1 head broccoli florets and 1 sliced carrot in boiling salted water, 3 minutes. Drain and toss with the lemon oil, a squeeze of lemon juice, and salt and pepper.

GARLIC *Allium sativum*

For those of you who didn't get around to planting your garlic last fall, we are offering two varieties that have already been started for you in one pint pots. Certified organic.



German White A hardneck variety. Plump cloves on paper-white bulbs, great for roasting, and stores well into the cold winter months. **4 bulbs per 1 pint pot for \$3.99**

Russian Red Much like the German, but with a smaller bulb, purple striped wrapper, and a slightly stronger flavor. **4 bulbs per 1 pint pot for \$3.99**

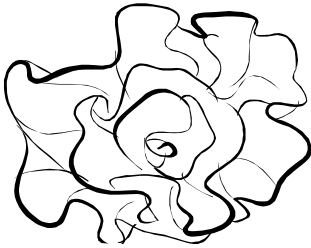
LEEKs *Allium porrum*

Certified organic

Long treasured in Europe and the Mediterranean, leeks are an excellent substitute for onions. **Multiple seedlings per 1 pint pot for \$3.99**

LETTUCE *Lactuca sativa*

Organically grown 6 packs @ \$3.99 each



Blushed Butter Oak
55 days. A cross between butter and oak leaf types, the leaves of this lettuce are open, buttery soft, and are blushed with a pink to red color. Unusual flowery taste. *New offering.*

Green Deer Tongue 50 days. Thick, sweet, olive green leaves with a buttery texture are uniquely tongue shaped; growing to a point, and forming a tight rosette. An heirloom that is excellent for home gardens because it is heat resistant, compact, and very slow to bolt. *New offering.*

Italienischer 55 days. Leave more space than usual for these to grow since they are a large lettuce plant. Bright green 18 inch plants produce sweet, crisp lettuce even during summer heat.

Majestic Red 60 days. A slow bolting romaine with gorgeous bronze red leaves. Has a cylindrical head with a slightly spreading habit.

Merlot 60 days. Ruby-colored open-headed lettuce. Upright with wavy edges and resistant to downy mildew.

Pirat 55 days. This light-red butterhead has a smooth creamy texture producing a loose head with a compact heart. Performs well through the summer.

Sweet Valentine 60 days. A loose-leaf type with romaine tenderness. The lower part of the leaves are bright green turning brilliant red toward the tips. Moderately resistant to bolting and retains its sweetness in hot weather. *New offering.*

RHUBARB *Rheum rhaponticum*

Prized for pies, tarts and sauces. Use only the stems and do not eat the leaf

Crimson Red Known for its long, thick red stalks that offer superb flavor whether eaten fresh or cooked. Conventionally grown. *New offering.* **1 gallon pot for \$10.**

SHALLOTS *Allium ascalonicum*

Certified organic

Shallots have shallow root systems and need consistent moisture and good weed control. Water weekly if the weather is dry and mulch to retain moisture and suppress weeds.

Begin harvesting the green tops about 30 days after planting - sooner if they're tall enough - and use them as you would the tops of chives or scallion in salads, soups or stews.

Start digging and using green bulbets 45 days or so after planting.

Harvest mature bulbs when the tops wither and turn brown.

Shallots Easy to grow gourmet favorites. **4 bulbs per 1 pint pot for \$3.99**

From Nancy's Garden

Organically grown, naturally!

Egyptian Topping Onion *Allium cepa-proliforum*

A fascinating, mild onion, propagated by small bulbs which develop at the top of its hollow leaves. These bulbils are excellent for pickling and the entire plant may be used for seasoning eggs, salads, soups and sauces. It is one of the perennial onions. You never have to replant this onion! **4" pot for \$3.99**



Jerusalem Artichokes *Helianthus tuberosus* are actually a tuberous root that is eaten in many cultures around the world. You can cook them like potatoes or grate them and eat them raw. There is even an entire line of pastas made from Jerusalem artichoke flour. They are aggressive, so be aware that they will spread when you plant them. Ornamentally speaking, they grow 6-8'

tall and are topped by showy yellow sunflowers in September. Great cut flowers. **1 gallon \$12.50**

Organic SEED POTATOES



Solanum tuberosum

Priced per pound but may be ordered in smaller quantities.

Austrian Crescent
mid-late season.

Golden crescents with tan skin and deep yellow flesh can reach 10-18". Good yield, good flavor. Use steamed in salads. Medium sized plants with mid to late season maturity but young ones can be harvested earlier. **\$7.99 lb.**

Butte *late season over 90 days.* Medium-bronzed russet skin with white flesh. Considered the best russet in the organic potato realm. Versatile in the kitchen, try it baked, fried, smashed, hashed, or whatever.

All winter long!
Produces best with wide spacing (16-18"), fertile soil, and regular watering.
\$7.99 lb.

French Fingerling
mid-late season.
Show-stopping dark rose skin and a rich yellow flesh slightly splashed with pink.
\$7.99 lb.

Island Sunshine
late season 90+ days.
Bred by the Loo brothers, organic farmers from Prince Edward Island, Canada. Yellow skin, yellow flesh, oval and waxy. Boil or bake. Heavy sets of 2-3" spuds. **\$7.99 lb.**

Purple Majesty *mid-season 80-90 days.* Purple skin with purple flesh. Tubers are rounder than most, numerous and high in antioxidants. **\$4.99 lb.**

Rio Grande Russet *mid-season 80-90 days.* Russet tan skin with white flesh. A baker with a great taste and outstanding appearance. Uniform long-oblong tubers have smooth russet skin. Large plant has ruffled leaves.
\$3.99 lb.

Rose Finn Apple *mid-late season fingerling.* Pinkish-beige skin, light yellow flesh. Waxy with a dreamy creaminess as unforgettable as its name. **\$7.99 lb.**

How to Plant a Potato:

A day or two before planting, cut up seed potatoes into smaller pieces, about 2" square and each containing at least 1 or 2 eyes (small buds). Let the cut up seed potatoes dry for a few days, forming a callous over the cuts, to prevent them from rotting when planting. Plant in early spring once the soil temperature has reached 45 degrees.

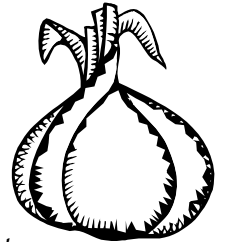
Sangre *early season 65-80 days.* Round to oblong tubers with smooth red skin and white flesh. Relatively high in vitamin C. Stores well, maintaining its color. Great for boiling or baking. **\$3.99 lb.**

Yukon Gold *early season 65-80 days.* Yellow-buff skin with yellow flesh. Has good flavor, good storability and is drier than most yellows. Slightly flattened, oval tubers. Absolutely delicious, rich flavor. **\$3.99 lb.**

ONION SETS

Allium Cepa

Onions are shallow rooted and require rich soil, consistent water, and no weeds. Plant the sets 1-2" deep and 2-4" apart. After digging, let the onions dry before storing in a cool, dark place. Conventionally grown



Red Baron This fine red onion has a round shape and lovely maroon skin. With a mild flavor, it excels for salads and sandwiches. **One package contains 75 onion sets/ \$3.99**

Stuttgarter Yields an excellent harvest of firm yellow semi-flat bulbs. This is an old reliable variety with a strong pungent flavor. Shallow rooted and requires rich soil, consistent water and no weeds. **One package contains 75 onion sets/ \$3.99**

SMALL FRUIT PLANTS

High Bush Blueberry

Vaccinium corymbosum

*Conventionally grown
2 gallon size for \$25.00 unless otherwise indicated*



Beautiful spring flowers followed by tasty fruit and ending with great fall color make blueberries the perfect shrub for the garden. Plant them where they will receive at least 6 hours of sun in soil that is high in organic matter and acidic with a pH of 5.5. Mix early, mid, and late fruiting cultivars in your blueberry patch for cross-pollination, higher yields and for eating all summer long.

Early Season

Earliblue This old-time favorite is one of the earliest fruited and has jumbo sized berries.

Patriot Short and stocky, Patriot is a "half-high" variety growing 4-5' tall and wide. One of the earliest producing abundant crops of super-large berries. Showy orange-red fall color.

Mid Season

Berkley A popular home garden variety with upright and vigorous growth reaching 6' at maturity. Late mid-season.

Darrow Another popular variety for home gardens. Big, delicious berries have a slightly tart flavor outstanding for cooking or eating fresh. Pie anyone? Late mid-season.

Friendship "Half-high" type of blueberry, meaning it is a cross between low bush and high bush forms. It grows 24-36" tall. Delicious fruit and an excellent landscape plant. Late mid-season. **1 gallon for \$14.99**

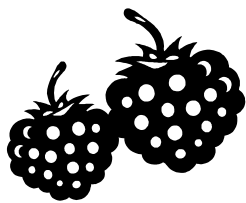
Northland Compact plants reaching only 4' tall. Exceptional hardiness to zone 3.

Late Season

Jersey An heirloom cultivar, Jersey produces small and very tasty fruit that are great for pies or fresh eating. Grows vigorously to 6-7' tall and wide.

Lateblue One of the latest varieties to fruit, medium to large firm, tart berries. Extend your season with this one!

Pink-A-Blu Last year we were disappointed that we never received this variety from our supplier. We decided to order it again because we must see and taste this unusual blueberry. As the name suggests the fruit is pink! Grows 5' tall and 3-4' wide.



Raspberry *Rubus idaeus*

Jane's Thornless Red

Jane Ketterer is a long time Natureworks employee who every year wins up to 50 blue ribbons at

the Guilford Fair for her jams and jellies. She grows a thornless variety of red raspberries whose variety name has been lost long ago. Each year, she digs and pots starter canes for us to sell from her organic garden.

July/August bearing.

1 gallon pot \$9.99

Ron's Yellow Ron Capozzi is an organic farmer from Northford who is famous for his delicious and sweet yellow raspberries. They bear a long fall crop. Birds stay away from them because they are yellow! Each year,

Ron digs and pots his starter canes for us to sell from his organic garden. **1 gallon pot \$9.99**

Strawberry *Fragaria ssp.*

Conventionally grown

June-bearing varieties produce

one large crop in June. Day-

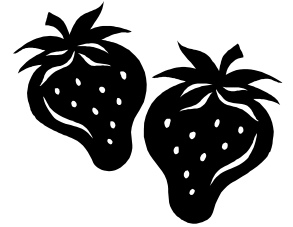
neutral, ever-bearing varieties

flower and bear fruit over about

a 5 month time frame. Mulch

your plants with shredded straw

to keep the weeds down and the fruit clean.



June-bearing varieties:

Earliglow Sets and ripens fruit faster than any other strawberry on the market. Known for its wonderful flavor. **4.5" pot for \$5.99**

Jewel Very large, super sweet fruit matures mid-to-late season. One of largest available to the home gardener. **4.5" pot for \$5.99**

Ever-bearing/day-neutral varieties:

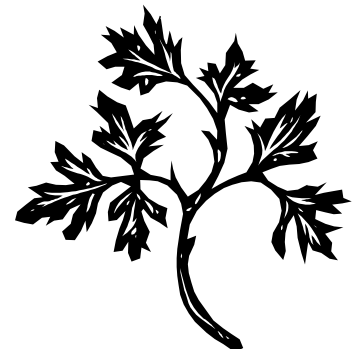
Ozark Beauty Large, exceptionally sweet berries. A day-neutral variety that bears fruit over a five month time frame, most heavily in June and in the fall. Space plants 2½' apart. **6 pack for \$3.99**

Quinault Large, soft, deliciously sweet fruit ideal for preserves or freezing. **6 pack for \$3.99**

Seascape Produces a constant supply of great-tasting fruit over a long season. **4.5" pot for \$5.99**

HERB PLANTS

And don't forget about planting herbs in your gardens and containers. We offer many kinds of herb plants too numerous to list here.





SEEDS

Natureworks carries many lines of vegetable, flower and herb seeds. Many of our seed racks are certified organic and we never sell treated seed. We proudly stock open pollinated varieties.

Composts, Fertilizers, Mulch & much more...



We are leaders in organic gardening in the state of CT, having been organic since our inception in 1983. We supplement our plant and seed offerings with organic

fertilizers, mineral powders, potting soil, composts, and mulches. We offer free workshops during the spring and later summer seasons to teach you how to plan and grow your vegetable garden.

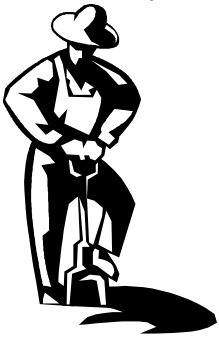
Gardening tools, gloves, wooden stakes, tomato cages and containers are also available for purchase.

Want to grow your own food, but don't know where to start?

Let an experienced Natureworks staff member consult with you to formulate a plan of action.

Need help preparing your garden beds?

Our installation crew can de-sod and remove weeds, take a soil sample for testing, add compost and organic fertilizers, hand dig beds and get you ready for planting.



Interested in raised beds? We can help you design a system that will work for you and connect you to a contractor who can build them for you.

Please contact us to receive information regarding our fees and availability. We will be happy to send you a packet containing our current terms.

Soil Testing

Natureworks can help you get the most accurate information regarding your soil and its amendment needs. Please talk to a Natureworks staff member.

The Connecticut Agricultural Experiment Station offers free soil testing and answers to many questions about plants and their pests and diseases. For more information call 203-974-8500 or go to www.ct.gov/caes/site/default.asp

The University of Connecticut Home and Garden Center has fact sheets on an array of subjects that you can download at www.ladybug.uconn.edu/factsheets/index.html or call toll free 877-486-6271

The University of Illinois Extension has a very informative vegetable directory at www.urbanext.illinois.edu/veggies/directory.cfm

*Below are suggestions for use of **some** of the varieties we are offering:*

Tomatoes:

Canning & Sauce: Amish Paste, Comstock Sauce and Slice, Earliana, Italian Heirloom, Japanese Black Trifele, San Marzano

Cherry: Black, Honeydrop, Red Fig, Sun Gold, Sun Sugar

Slicing: Big Boy, Brandywine, Crynkovic Yugoslavian, Hillbilly Potato Leaf, Lillian's Yellow Heirloom, Syrian Giant

Try growing in containers: Bush Beefsteak, Czech's Bush, Glacier, Legend, Nebraska Wedding, Oregon Spring, Silvery Fir Tree

Peppers:

Fresh Eating: Carmen, Lipstick, Mandarin, Purple Beauty, Tangerine Pimento

Spice up Your Salsa: Bhut Jolokia, Early Jalapeno, Hot Portugal, Trinidad 7 Pot

Stuff: Corno di'Toro Rosso, Flavorburst, Yankee Bell

